

ALLERGY HISTORY QUESTIONNAIRE

PATIENT'S NAME: _____ DOB: _____ Today's Date: _____

****PLEASE USE BLACK INK ONLY****
ALL QUESTIONS MUST BE ANSWERED

1. Do you have a family history of allergies? ___ yes ___ no ___ one side of family or ___ both sides
2. Describe your symptoms (most bothersome to least): _____

3. Are your symptoms? _____ continuous _____ variable _____ year around _____ or seasonal in nature
4. Is there a worse time of day for your symptoms? _____
5. If your symptoms are seasonal, which months are the worst? _____
6. Is there a place that you're worse, such as home, school, or work? _____
If yes, where _____ Describe the environment: _____

How are your symptoms worse there? Describe: _____

Type of employment _____ Describe school _____
7. Describe the buildings you live and work in (new, old, damp, excessively dry, heating & cooling, etc.):

8. Do you have pets? ___ yes ___ no
If yes to this question, what pets do you have? _____
9. What exposures or changes in your environment do you know, or suspect make your symptoms worse or for that matter better? _____

10. Do you have, or have you ever been diagnosed with Asthma _____ yes _____ no
11. Do you have any allergies you know of or suspect to medications or other substances? If yes, please list:

12. Are you taking any drugs, medications, eye drops, herbs, or vitamins? Please list ALL of these:

13. Is there a possibility that you are pregnant or are you considering this in the near future? ___yes ___no
14. Have you taken allergy shots before? ___ yes ___ no If yes, did they help? ___ yes ___ no
15. Have you ever had a whole body, life threatening, allergic reaction? ___ yes ___ no If yes, please describe this reaction _____

16. Do you smoke, have you smoked, or have smoke exposure? ___yes ___ no

Signature of the patient, if not a minor: _____